

Resource Guide

Dental Clinics

John C. Murphy Dental
(Residents of St. Louis County Only)
6055 Helen Ave.
St. Louis MO 63134
314-522-6410

North Central Community Health
(Residents of St. Louis County Only)
6150 Natural Bridge
St. Louis MO 63120
Call to set up appointment

Forest Park Dental
(Close Summer)
5600 Oakland Ave.
St. Louis MO 63110
314-644-9331

Grace Hill Neighborhood Dental Clinic
Water Tower
4308 North Grand
St. Louis Mo 63107
314-340-3222

Grace Hill Murphy O'Fallon Dental Clinic
1717 Biddle
St. Louis MO 63106
314-814-8585

Grace Hill Soulard-Benton Dental Clinic
2220 Lemp
St. Louis MO 63106
314-814-8680

People's Dental Clinic
11642 W Florissant
St. Louis MO 63042
314-838-8220
(Must be a patient of medical side first)

Counseling

Provident Counseling
2650 Olive St.
St. Louis MO 63103
314-533-8200

UMSL Psych Services
UMSL Campus- Stafford Hall
314-516-5824

Life Crisis Services
(24 hour/day Crisis hotline that will provide additional resources)
314-647-Help (4357)

Catholic Family Services
1-800-652-8055

Safe Connections
Previously know as "Women's Support and Community"
(counseling for women and adolescents who have had physical, emotional or sexual abuse)
Free service
314-646-7500
Schedule appointment for initial assessment

Crider Center
1032 Crosswinds Ct.
Wentzville, Mo 63385
636-332-8000
(serving residents of St. Charles, Warren, Lincoln and Franklyn counties)

Substance Abuse Clinics

Bridgeway Counseling Services
1-866-758-1152
(Drug and alcohol counseling)

Hyland Behavioral Health Center
10018 Kennerly Road
St. Louis MO 63128
314-525-4400

Christian Hospital NE Recovery Center

11133 Dunn Rd.
St. Louis MO 63136
314-839-3171

Medical Clinics

Peoples Health Center

11642 W. Florissant Ave.
Florissant MO 63303
314-869-9300
314-838-8220 (voice)
Hours: Monday, Tuesday, Thursday, &
Friday: 8:30 a.m. to 5:30 p.m.
Wednesday: 11:30 a.m. to 8:30 p.m.
(\$30 fee per visit, walk in)

Peoples Health Center

5701 Delmar. Blv
St. Louis MO. 63112
314-367-7848

Peoples Health Center

7200 Manchester Rd
St. Louis MO 63120
314-781-9162

John C. Murphy Health Center (Berkeley)

6065 Helen Ave.
Berkeley MO 63134
Phone: 314-522-6410; TTY 314-522-1260
Monday, Wednesday, Thursday, Friday:
8:00 am to 5:00 pm
Tuesday: 9:00 am to 6:00 pm
Closed on the first Thursday morning of
each month

Grace Hill Health Centers:

All locations
Mon. Tues. Thur. and Fri. 8:30 am to 5:30
pm Wednesday, 10 am to 7 pm

Grace Hill Murphy O'Fallon Dental Clinic

1717 Biddle
St. Louis MO 63106
314-814-8585

Grace Hill Soulard-Benton Dental Clinic

2220 Lemp
St. Louis MO 63106
314-814-8680

Grace Hill South Neighborhood Health Center

3400 South Jefferson Ave.
St. Louis MO
314-898-1999

Grace Hill St. Patrick's Neighborhood Health Center(for homeless)

800 N Tucker Blv.
St. Louis MO 63101
314-8+8-1990

Grace Hill Water Tower Neighborhood Health Center

4308 North Grand Blv.
St. Louis MO 63107
314-898-1717
For appointment call: 314-421-4949

La Clinica Latino-Health Center

3646 Fairview Ave.
St. Louis MO 6311+
314-664-5565
5411 Gravois Ave.
St. Louis MO 63116

North Central Community Health Center (Pine Lawn)

4000 Jennings Station Rd.
St. Louis MO 63121
Phone: 314-679-7800
Mon, Tues, Wed, and Fri: 8 am to 5 pm
Thursday: 9 am to 6 pm
Closed on the first Thursday morning of
each month.

**Fee is base on a sliding scale
Bring in proof of income with you
*may have a 6-8 week waiting list**

St. Louis Regional Clinics

CHIPS- Community Health-In-Partnership
Services
Grand and North Market
314-652-9231

Medication Assistance

Partnership for Prescription Assistance

1-888-477-2669

www.needymeds.com

Some medications are \$4 at Wal-Mart pharmacies

Other Basic Need Resources

MERS/ Goodwill

314-241-3494

Salvation Army

314-646-3000

St. Vincent de Paul Society

314-531-2183

New Life Evangelistic Center

314-421-3020

Urban League

St. Louis City- 314-615-3600

St. Louis County- 314-388-9840

Catholic Charities of St. Louis

314-367-5500

Transportation

METRO

314-231-2345

Metro Link

314-982-1521

Laclede Cab Company

314-652-3456

St. Louis County Cab Company

314-991-5300

Greyhound Bus Line

1-800-231-2222

Travelers Aid, Mullanphy

314-241-5820

Transportation for the aged/disabled

Call-a-Ride Plus

314-652-2600

OATS (county)

314-894-1704

SCAT

636-949-3364

SLAA Senior Center Transportation

314-352-0141

To Apply for Medicaid

Missouri Family Support Division

St. Louis City: 314-933-7000

St. Louis County: 314-426-9600

St. Charles County: 636-940-3170

Franklin County: 636-583-2571

Jefferson County: 636-797-9601

Call your local FSD office to make an appointment or to ask for the application by mail.

Downloadable Medicaid Application form

<http://dss.missouri.gov/fsd/massit.htm>

Employment Services

Employment and Training Center (St. Louis Community College)

St. Louis City: 314-613-3025

St. Louis County: 314-644-9990

Connections to Success

636-940-8087

Workforce Development

St. Peters MO

636-278-1360

Vocational Rehabilitation

State agency provides employment opportunities for people with disabilities

636-940-3300

Veterans Benefits

Veterans Health Administration All Medical Benefits John Cochran Division

314-652-4100
915 N. Grand
St. Louis MO 63106
(handles most admissions, generally serves acute care needs, including surgical and intensive car)

Jefferson Baracks Division 314-652-4100

Veterans Benefits Administration All Non-Medical Benefits 1-800-827-1000

Housing

Housing Resources Center

314-802-5444
Shelter hotline
(Call the day you need housing/shelter, they cannot make reservations ahead, best to call early in the morning for best availability)

Salvation Army Shelter: Harbor Light Center 314-352-3310

Sunshine Mission 314-231-8209 (shelter for men)

Utility Bill/Air Condition Assistance

Low Income Home Energy Assistance Program (LIHEAP) (County or City) 314-535-7484

Energy Crisis Intervention Program (ECIP) City and Wellston 314-535-7607 County- Step. INC 314-863-0015

Missouri Energy Care For elderly, ill, disabled & families with children under 5 yrs. Old 314-773-5900

Services: information, referral, advocacy, heaters, blankets, fans and/or air conditioners

Community Action Agency of St. Louis County, Inc. 314-863-0015

Heat Up St. Louis 314-241-7668

Food/Meal Assistance

Food Stamps (Family Support Division) St. Louis City: 314-933-7000 St. Louis County: 314-426-9600

Hunger Hotline 314-726-5355 (Operation Food Search)

Sunshine Mission 314-231-8640 (Food Pantry)

Meals on Wheels (MOW) 314-268-1523 Provides private pay hot lunches in St. Louis City and county Call for services or referral to an agency which provides meals in your area

St. Louis Area Agency on Aging City of St. Louis Department of Human Services) 314-612-5918 Provides subsidized hot lunches for seniors in the city of St. Louis

Mid- East Area Agency on Aging Provides subsidized hot lunches for seniors in: St. Louis County: 1-800-243-6060 Franklin County: 636-583-8919 Jefferson County: 636-677-6090 St. Charles County: 636-946-1123

Kosher Meals HDM Jewish Community Center/ Covenant House Senior Center 314-432-5700 ex: 3149 or 3233 (provides subsidized kosher breakfast, hot dinners and supplemental meals)

Emergency Resources

NECAC

636-723-3470
(housing voucher, funds for overdue or past utilities)

St. Joachim and Ann-Care Center

636-441-1302
(Verbal referral for DFS required)

Catholic Services

636-498-2273

Church on the Rock

636-978-7339
(food and clothing only)

First United Methodist

636-947-0066

Harvester Christian

2650 Kings Crossing
St. Charles MO
636-928-7110

Oasis of Love

636-947-0774
(food pantry, daily lunch and dinner,
clothing, medical clinic)

Powell Terrace Baptist Church

636-724-0032
(food pantry only)

Salvation Army

O'Fallon: 636-240-4969
St. Charles: 636-946-7966

Calvary Church

3998 Mid Rivers Mall Dr.
St. Peters MO
636-939-4343

Crisis Management Hotlines

Behavioral Health Response

314-469-6644

KUTO

314-644-KUTO (5886)

Life Crisis Service

314-647-HELP (4357)

Child Abuse Hotline

1-800-392-3738

Adult Abuse Hotline

1-800-392-0210

Useful Agencies

Affiliated Psychological Referral Network

2451 Executive Dr, (S-103)
St. Charles MO 63303
636-441-2136

Alzheimer's Association

9374 Olive Blv.
St. Louis MO 63132
314-432-3422

American Cancer Society

4207 Lindell Blv.
St. Louis MO 63108
314-286-8100

American Diabetes Association

10820 Sunset Office Dr.
St. Louis MO 63127
314-822-5490

American Lung Association

1118 Hampton Av.
St. Louis MO 63139
314-645-5505

Asthma and Allergy Foundation

1500 S Big Bend
St. Louis MO 63117
314-645-2422

BJC Health System

444rest Park Blv.
St. Louis Mo 63108
314-286-2000

DePaul Health Center

12303 DePaul Dr.
Bridgton, MO 63044
314- 344- 600

Depression Bipolar Support Alliance

1905 S. Grand
St. Louis MO 63104
314-776-3969

Forest Park Hospital

6150 Oakland Av.
St. Louis MO 63139
314-768-3000

Grace Hill Neighborhood Services

2600 Hadley
St. Louis MO 63108
314-241-2200

Independence Center

4380 West Pine
St. Louis MO 63108
314-533-4380

Life Crises Services

1423 S. Big Bend
St. Louis MO 73117
314-647-4357

Mental Health Association

1905 S. Grand Blv.
St. Louis MO 63144
314-773-1399

Nation Alliance on Mental Illness

St. Louis MO 63105
314-966-4670

Oasis

7717 Carondolet Av
St. Louis MO 63105
314-868-2933

Obsessive Compulsive Foundation

PO Box 9573
New Haven, Ct. 06535
203-401-2070

Paraquad

311 N. Lindberg Blv.
St. Louis MO 63141
314-567-1558

Peoples Health Centers

5701 Delmar Blv.
St. Louis MO 63112
314-367-7848

Provident Counseling

2650 Olive St.
St. Louis MO 63103
314-533-8200

St. Louis County Health

41 S Central Av.
314-727-0565

St. Louis Effort for AIDS

1027 S. Vandevanter
St. Louis MO 63139
314-645-6451

St. Louis Heart Association

4643 Lindell Blv.
St. Louis MO 63108
314-367-3383

St. Louis Peregrine Society

2343 Hampton Av.
St. Louis MO 63139
314-781-6775

St. Louis University Hospital

6335 Vista & Grand
St. Louis MO 63110
314-577-8000

SSM Health Care Network

9068 Overland Plaza
St. Louis MO 63114
314-423-9000

Talking Tapes Library

16 Sunnen Dr.
St. Louis MO 63143
314-646-0500

United Way

1111 Olive St. Rd.
St. Louis MO 6301
314-421-0700

YMCA

1528 Locust St.
St. Louis MO 63103
314-439-1177

St. Charles Resources

SACT

636-949-3364

Childcare

Head Start- Youth In Need
207 N Kingshighway St
St. Charles MO
636-949-3998

YMAC

400 N 6th St
St. Charles MO
636-925-2226

Support Groups

Harvester Christian Church
2950 King's Crossing
St. Charles MO 63303
General Info: 636-928-7651
Care-n-Counseling: 636-928-7110

Alcoholics Anonymous- St. Charles

341 Droste Rd
St. Charles MO 63301
636-946-1560

Food Pantries

Oasis Food Pantry
1814 Boonslick Rd.
St. Charles MO
636-723-0037

Kirk of the Hills Presbyterian Church Food Pantry

1462 South Dr
St. Charles MO
636-949-8242

Elder and Disability Care

Willows Way
800 Friedens Rd
St. Charles MO 63303
636-947-6591

Headway at Crider

322 McDonough St.
St. Charles MO 63301
636-946-6832

Substance Abuse

Alcohol & Drug Problems Association of
North America
307 North Main St.
St. Charles MO 63301
314-589-6702

Family Vision

516 S 5th St.
St. Charles MO 63301
636-669-0111

Bridgeway Counseling
1570 S. Main St
St. Charles MO 63303
636-757-2200

Mental Health

Crider Center
Mental Health Services
300 Water St.
St. Charles MO 63301
636-946-4000